

Date : 24-08-2017, Thursday]
[Time : 3 Hours

[Max. Marks : 75

- Instructions :
- (1) Answer to the point.
 - (2) Figure to the right indicates marks.
 - (3) Draw diagrams wherever necessary.
 - (4) Write legibly.
 - (5) Use separate answer books for each section.

SECTION I

- Q.1. (a) Briefly Describe the Relationship of Nutrition to Health. 5
(b) Discuss Role of Nurses in Nutrition Education. 5

2x4=8

Q.2. Enlist four Deficiency Diseases of the following -

- | | |
|---------------|--------------|
| (i) Vitamin A | (ii) Calcium |
| (iii) Iodine | (iv) Protein |

5x2=10

Q.3. Write short Notes on Any two of the following -

- (i) Methods of cooking
- (ii) Mid-day meal program
- (e) Balanced diet

Q.4. (a) Prepare a Menu plan for Mrs. Radhika 22yrs old, 50kg weight, moderate worker and Lactating mother of a 5 months old baby. 8(b) State the Principles of Menu Planning. 4

Q.5. Fill in the blanks-

1x5=5

- (i) Hemoglobin is Necessary for the transport of from lungs to tissues.
- (ii) Accumulation of Abnormal of ketone bodies in tissue and body fluid is called.....
- (iii) are the complexes of proteins and lipids.
- (iv)is the main storage form of carbohydrate in plants.
- (v) Vit. D deficiency in children is called as

[P.T.O.]