

Date : 06-08-2015, Thursday

Time : 3 Hours

- Instructions :**
- (1) Figure to right indicate full marks
  - (2) Use separate answers book for each section
  - (3) Draw diagram wherever necessary
  - (4) Write legibly.
  - (5) Answer to the point.

6

### SECTION I

**1. Define following (any three) :**

- (a) Malnutrition
- (b) Balanced diet
- (c) Rickets
- (d) Food standards
- (e) Recommended dietary allowance

**2. Discuss briefly any two of the following :**

- (a) Over hydration & water intoxication
- (b) Fat soluble vitamins & it's deficiency diseases
- (c) ICDS programme

**3. Write short notes (any three) :**

- (a) Beri beri
- (b) Pellagra
- (c) Kwashiorkor
- (d) Basal metabolism

**4. Explain the following (any three) :**

- (a) B.M.R. and factors affecting B.M.R.
- (b) Methods of cooking
- (c) List the fat soluble vitamins & their five sources
- (d) Discuss in detail the role of the nurse in the community for prevention of vitamin A deficiency.

### SECTION II

**5. Describe urea cycle. Name the pathological conditions under which blood urea is affected.****6. Write short notes on (any four) :**

- (a) Ketosis
- (b) Mechanism of antibody production
- (c) Enzymes and co-enzymes
- (d) Beta oxidation of fatty acids
- (e) Transport mechanism.